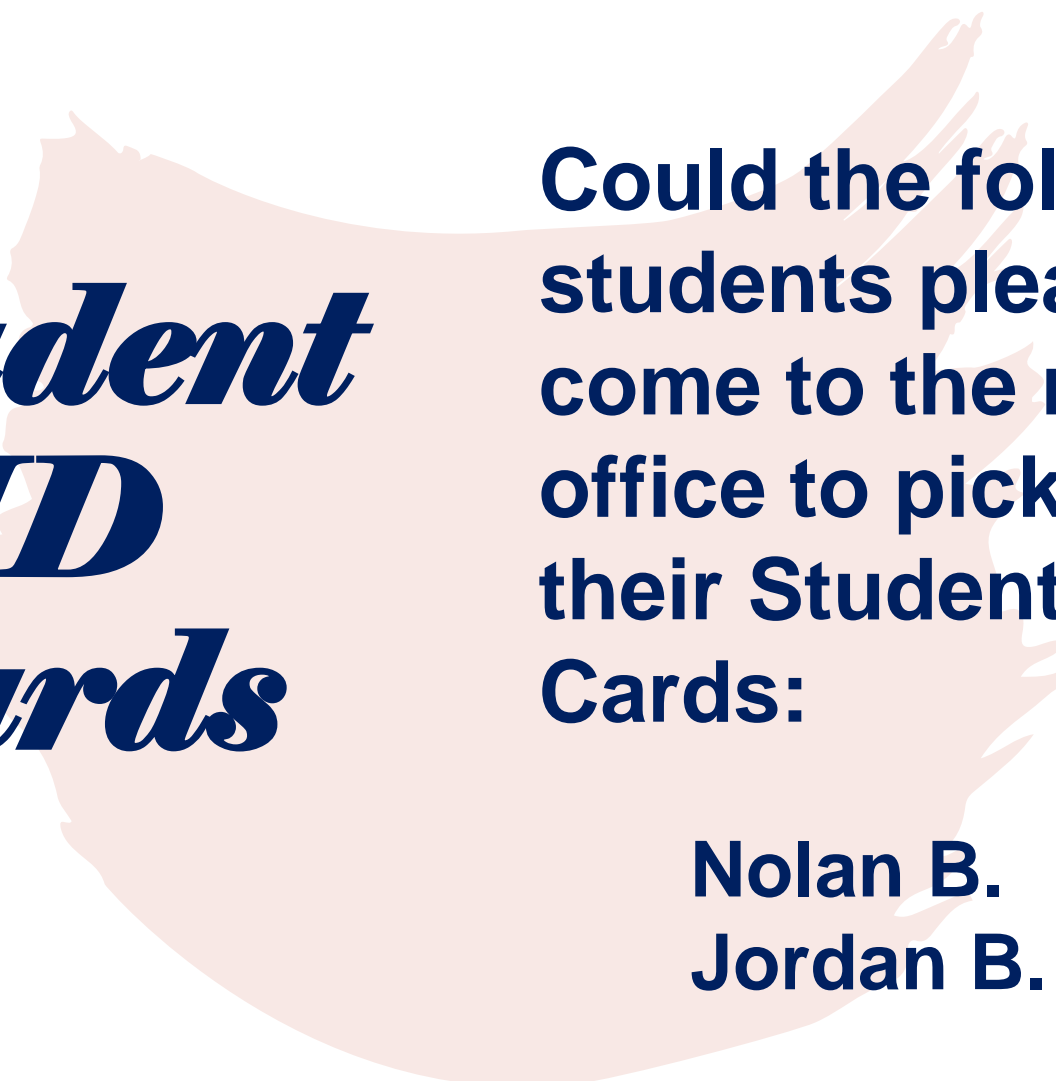




February 2022

BELL SCHEDULE

PERIOD 1	7:59 am - 9:12 am
PERIOD 2	9:16 am - 10:29 am
FLEX	10:29 am - 10:58 am
PERIOD 3	11:02 am - 12:15 pm
LUNCH	12:15 pm - 12:55 pm
PERIOD 4	12:59 pm - 2:11 pm
PERIOD 5	2:15 pm - 3:27 pm



Student ID Cards

**Could the following
students please
come to the main
office to pick up
their Student ID
Cards:**

**Nolan B.
Jordan B.**



fraserhealth

Better health. Best in health care.

Immunization Make-up Day February 24

Reminder for grade 9's & grade 10's to drop off their completed Fraser Health consent forms at the office.

**KODIAK
Good Deeds**

- **The following students are asked to please come to the main office:**

**Nathan F.
Marko D.
Anoushka B.**

CLUBS



Mountain Bikers

To all mountain bikers interested in participating on the Heritage Woods Mountain Biking Team, there will be a meeting in the gym on Wednesday February 16th at lunch. Please see Mr. Castonguay if you cannot make it.



Do **YOU** want to organize the next
MOVE4MANA challenge?



SIGN UP FOR IDS PHILANTHROPY

Why take the course?

- Gain in leadership & communication skills
- Make a global impact
- Looks great on university apps!
- Meet and collaborate with like-minded student leaders

Interested or have questions?
Come talk to Ms. Nunn in **room 109** to pick up an application form **AND** put IDS Philanthropy on your course request forms!

KODIAK ATHLETICS



HERITAGE WOODS GOLF

A silhouette of a golfer in mid-swing is positioned on the right side of the slide. The background features a sunset with a bright sun low on the horizon, creating a lens flare effect. The overall color palette is warm, with shades of orange, yellow, and grey.

Attention golfers: if you're interested in competing on our school golf team this year, please attend a meeting this Friday, Feb 18th at the beginning of lunch in the gym. (This is not a learn-to-golf program; it is for experienced golfers only.)



Badminton

If you're interested in playing badminton this year, please attend a meeting this Friday, May 18th at the beginning of lunch in the gym.



Congratulations!!!

Three curling stones are arranged on a blue circular base. The stone in the center is blue, while the two stones on either side are orange. The stones are positioned in a slight arc, with the blue stone at the top and the orange stones below it.

**Congratulations to the Girls Curling Team
for their Bronze medal in the Fraser North
Curling Championship:**

Ashley F, Soniya T, Abby R and Emily M

**Congratulations to the Boys Curling Team
for their big win yesterday – Fraser North
Champions!**

Andrew A, Ethan C and Evan F

2022 Fraser North Zone Wrestling Qualifier Results

Congratulations to the following students who competed at the Fraser North Zone Wrestling Qualifier.



Max O, 48 kg, Gold, 2022 Zone Champion

Jonas McConville, 57 kg, Gold, 2022 Zone Champion

Marcus L, 54 kg, Silver

Nate M, 60 kg, Silver

Alexandra L, 51 kg, Silver

Andy W, 78 kg, Bronze

Xavier L, 70 kg, Bronze

Logan C, 63 kg, 4th

Yashar J, 54 kg, 4th

Micah B, 63 kg, 5th

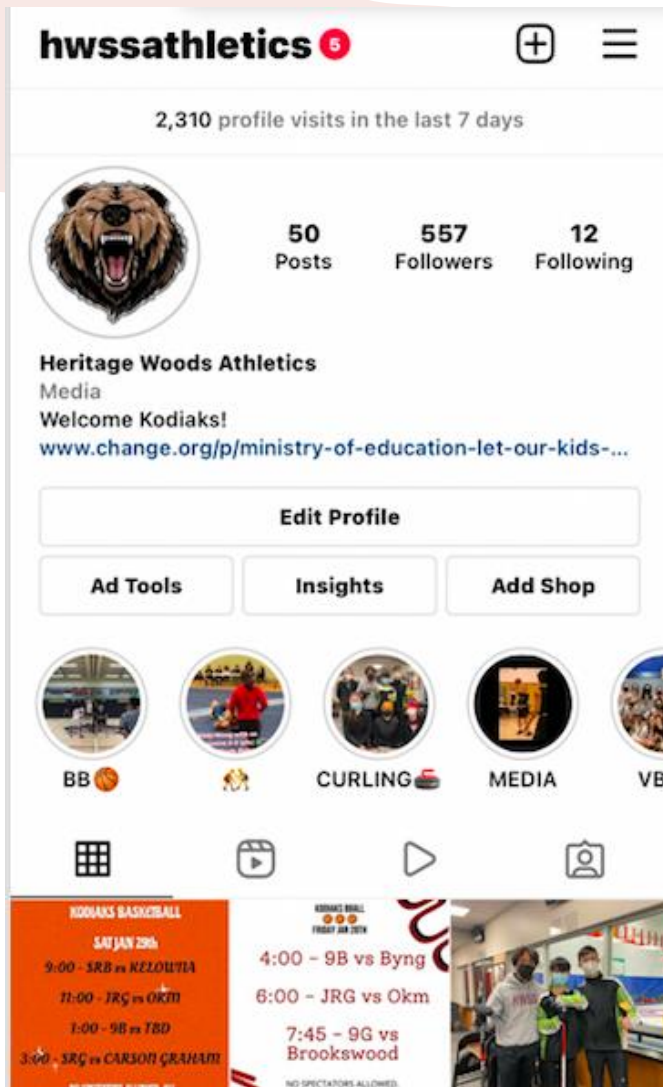
They have qualified to compete in the 2022 BC School Sports Wrestling Championships Feb 24 – 26 at the Pacific Coliseum. We wish them all good luck!

We also want to recognize that the Team Score for Boys won Second Place and the Aggregate Score won Third Place – both scores are the best placing for Heritage Woods in a Zone Qualifier - **CONGRATULATIONS!!!!**



Congratulations to the Heritage Woods Ski & Snowboard Team

Boys snowboard team finished 3rd in the Fraser Valley championships and the Girls ski team won the Fraser Valley Championships. Individual honours go to Dang B, who won the bronze medal in boys snowboarding, and Soniya T who won the silver in girls skiing. Well done.



FOLLOW @HWSSATHLETICS

- School-wide athletics account with wide range coverage on Kodiak athletes and teams
- Features: Livestreams, team tryouts info, game schedules, score updates, highlights, etc.
- FOLLOW @HWSSATHLETICS and keep up with all of the Kodiak Athletics!

CAREER CENTER



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THE SD43 CAREER & TRADES PROGRAM

VIRTUAL INFORMATION SESSION

FEBRUARY 16th - 6:00PM

LEARN ABOUT

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- THE WORK IN TRADES PROGRAMS
- Q&A ABOUT TRADES PROGRAMS

USE QR CODE TO
ACCESS MEETING



e-mail jhorvath@sd43.bc.ca for more information